



PATRICIAN COLLEGE OF ARTS AND SCIENCE

MENTORING & COUNSELING CELL ACTIVITIES

The College offers support services through mentoring and counselling to ensure the physical and mental well-being of the students. The mentoring model of the college is based on a three-tier mechanism. The first tier is academic mentoring where the class teachers serve as the academic mentor and handle academic difficulties. The second tier is personal mentoring wherein thirty students are assigned to a personal mentor who accompanies the students till their course completion and addresses difficult situations that thwart the functioning of the individual. The third tier is the counseling service anchored by faculty from the Psychology and Social work departments where the student receives individual attention on the problem at hand. An exclusive counseling room is situated in the Psychology Department for the students to pay direct visits or through referral of faculties. The college counselor addressed many interpersonal and academic concerns.

Academic Mentoring is conducted every month for the students by the class teachers in the respective departments.

- Monitor academic performance
- Support students to improve their ability to articulate and formulate plans to actively pursue and achieve their academic and career goals
- Guide students to feel more connected to the campus and their educational goals
- Help the students to participate activities and events to improve their skills
- Sessions are conducted to have a focus on Exam preparations
- Coach the students to develop study schedule for the exams

Personal Mentoring is conducted every month for the students by the personal mentors in the departments.

- Make students aware of resources available to them on campus and in the community and encourage them to make use of those resources
- Help students to develop or refine their study skills and time management abilities
- Help students in their transition to the college environment and navigate their programs of study
- Develop student leadership skills
- Provide opportunities for students to build self confidence level through their talent
-



Life skill session was conducted in shift 2 for the students on the Topic: “Whom am I” for the first-year students.

Participants :43 students

Students felt motivated and they participated very well in the programmes.

Individual counselling: 55 students

Group counselling: 2group of students from Psychology Department

PATRICIAN MENTORSHIP PROGRAM 2023-2024

OBJECTIVES OF PMP

- To facilitate students, learn the way of learning that leads to competence, clarity and confidence in their pursuits.
- To provide a support system for students’ academic well-being in Patrician College
- To guide students, have an effective transition phase from academics to occupation.

STANDARD OPERATING PROCEDURE OF PMP

- Orienting the faculty members about academic mentoring.
 - A. Call for volunteers among faculty members for personal mentoring.
 - B. Class teachers to stay as academic mentors with minimum 2 compulsory sessions per semester.
- Training program to be conducted for personal mentors.
- Registration of personal mentorship process and extreme cases to be referred to students’ counselor.
- Successful completion of the above mentioned process is believed to lead to good Alumni connect.
- Documentation and Records will be collected by the committee members assigned to respective departments.

MENTOR – MENTEE RELATIONSHIP

- Class Teachers shall act as Academic Mentors and respective students as Mentees
- Mentor – Mentee Relationship gets terminated at the end of each academic year
- Mentor-Mentee meeting shall take place twice in a semester as per academic calendar.
- The details of each meeting per mentee will be recorded
- Mentor shall be primarily consulted for disciplinary action, if the mentee(s) violate code of conduct.



ROLE OF MENTORS

- Orient mentees about the mentorship system
- Call a meeting with mentees for specific requirements
- Follow the Key Focus Areas (KFAs) per mentee
- Support mentees at academic, personal and emotional level in a professional way
- Good rapport with parents of mentees
- Suggest remedial teaching if needed
- Keep the records updated

ROLE OF MENTEES

- Active participation at mentorship sessions
- Update necessary information with mentors
- Disclose difficulties in academic and individual activities
- Build confidence with mentors

WITHIN, ALONG AND BEYOND CURRICULUM

Key Focus Areas (KFAs)

- Attendance
- Academic performance
- Discipline
- Health, family and peer-adjustment status
- Talents, achievements and extra-curricular

MENTORSHIP RECORDS

- Mentorship Register
 - List of mentees assigned to a mentor
 - Date of Meeting / Attendance
 - Remarks by the mentor
 - Referral to concerned
 - Follow up

WHEN TO APPROACH PERSONAL COUNSELLOR

- Personal mentors will be staff who volunteer
 - Refer the students to Personal mentor only when
1. Concern in two or more KFAs
 2. Irregular / Late to classes
 3. Poor academic performance
 4. Discipline problem
 5. Family problem
 6. Other issues



WHEN TO APPROACH STUDENTS COUNSELLOR

- Counsellor will be from the Department of Psychology/ Visiting Counsellor – Available for 2 days in a week (Tuesday / Friday) between 1.30 – 3.30 PM
- Refer the students to counsellor only when
 1. Concern in three or more KFAs
 2. Victimization
 3. Inappropriate, unproductive and harmful behaviour

Personal Counseling





Group Counseling



7.1 – Institutional Values and Social Responsibilities

Counseling Record

[illegible]

Date	Sex	Species	Age	Weight	Length	Wing	Tail	Bill	Foot	Claw	Notes
17.08.23	♂	Shrike	Ad.	26.5	110	75	55	15	10	5	100
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Women's Cell Reports

Awareness Programme on Breast Cancer and Uterus Cancer

DATE: 15/03/2024

TIME: 12 pm to 1 pm

Venue: Fintan Hall

No. of Beneficiaries: 90

Invite:

Patrician College of Arts and Science
Affiliated to the University of Madras & Reaccredited 'A+' Grade by NAAC in 2021
A Christian Minority Institution
Awarded 4 Star with Mentor Status by Innovation Cell, MoE, Govt. of India
Green Champion Award 2022 by Government of Tamilnadu

WOMEN'S CELL & IRDRP TRUST
organises a
Awareness Programme on
Breast Cancer and Uterus Cancer

Resource person: A. Usha Rani, Project Manager,
Dr. K. Sasikala, Psycho-Oncologist
Cancer Institute, Adyar

Date: 15/03/2024
Time: 12 pm to 1 pm
Venue: Fintan Hall

Dr. Usha Jose
Co-ordinator, Women Cell

Dr. Arokiamary Geetha Doss
Principal

Dr. Fatima Vasanth
Academic Director

Bro. Dr. A. Stanislaus
Director & Secretary

Objective:

The primary objective of the awareness program was to educate participants about breast cancer and uterus cancer, emphasizing signs, symptoms, prevention methods, and early detection strategies.

**Report:**

The Patrician Women's Cell, in collaboration with IRDRP, successfully organized an awareness program on Breast Cancer and Uterus on March 15, 2024. Girl students from various departments were encouraged to participate in this programme. The session was led by Dr.Sasikala, Psycho – Oncologist and A.Usha Rani, Project Manager, Cancer Institute, Adyar, Chennai. Dr. Sasikala

focused on uterus cancer, providing insights into its nature, signs, symptoms, and preventive measures. She emphasized the importance of early detection through regular screenings and awareness of potential risk factors. Preventive measures discussed included maintaining a healthy lifestyle, regular exercise, and attending routine gynaecological check-ups.

A. Usha Rani delivered a comprehensive session on breast cancer, highlighting preventive measures, including lifestyle modifications, regular breast self-examinations, and clinical screenings. She emphasized the significance of awareness in combating breast cancer effectively. A. Usha Rani highlighted the importance of breast self-examinations as a proactive measure for early detection. She provided guidance on the correct technique for self-examinations and encouraged participants to incorporate it into their monthly routines.

The awareness program on breast cancer and uterus cancer organized by the Patrician Women Cell in collaboration with IRDRP proved to be highly informative and beneficial. Participants gained valuable insights into the nature of these cancers, their signs, symptoms, and preventive strategies. The initiative aimed to empower women with knowledge to take charge of their health and well-being. Such endeavours play a crucial role in promoting early detection and reducing the burden of cancer in society.

Resource Person Profile:

Dr. Sasikala, Psycho –Oncologist, Cancer Institute, Adyar, Chennai is an experienced person in the hospital and she is handling psycho education classes in the hospital. Ms. A. Usha Rani, is the Project Manager in the Cancer Institute, Adyar, Chennai.



A Usha Rani, Project Manager, Cancer Institute addresses the breast cancer



Dr.Sasikala, Psycho-Oncologist, Cancer Institute, Adyar, addresses the uterus cancer



The resource persons along with Dr. Usha Jose, Women Cell coordinator, Ms. Sadiya Fathima, Member Women Cell and the students

Attendance:

PATRICIAN COLLEGE OF ARTS AND SCIENCE			
AWARENESS PROGRAM ON BREAST CANCER AND UTERUS CANCER			
ROLL NO.	DEPARTMENT	NAME	SIGNATURE
D22SWP003	Social Work	Geetha	
D22SWP036	Social Work	K. Sushitha	
D22SWP024	"	Prinny	
D22SWP009	"	Aditya	
D22SWP022	Social Work	Sreerama	
D22SWP009	Social Work	Devika	
D23CD005	B.Sc. DATA SCIENCE	Divya	
D23CD005	DATA SCIENCE	Jayesh	
D23MS004	B.Sc. Maths	Yamuna	
D23CD012	DATA SCIENCE	Adarsh	
D23MS003	B.Sc. Maths	Neelima	
D23CD001	B.Sc. Data Science	Sandhya	
D23CD004	B.Sc. Data Science	Santana	
E23AF017	AI & ML	Swathi	
E23AF020	AI & ML	Tejika	
E23CD016	B.Sc. CS	Prinny	
E23CD025	B.Sc. CS	Prinny	
D23PWP02	B.Sc. Psychology	S. S. S. S.	
D23PWP059	B.Sc. Psychology	S. S. S. S.	
D23PWP02	B.Sc. Psychology	S. S. S. S.	
D22SWP009	MSW	S. S. S. S.	
D22SWP011	MSW	S. S. S. S.	
D22SWP009	MSW	S. S. S. S.	
D22SWP025	MSW	S. S. S. S.	
D22SWP047	MSW	S. S. S. S.	



PATRICIAN COLLEGE OF ARTS AND SCIENCE AWARENESS PROGRAM ON BREAST CANCER AND UTERUS CANCER			
ROLL NO	DEPARTMENT	NAME	SIGNATURE
22SWP017	BCA	Adarsh	
22SWP053	BCA	Adarsh	
22SWP056	BCA	Adarsh	
22SWP078	BCA	Adarsh	
22SWP085	BCA	Adarsh	
22SWP087	BCA	Adarsh	
22SWP076	BCA	Adarsh	
22SWP069	BCA	Adarsh	
22SWP095	BCA	Adarsh	
22SWP095	BCA	Adarsh	
22SWP063	BCA	Adarsh	
22SWP061	BCA	Adarsh	
22SWP088	BCA	Adarsh	
22SWP086	BCA	Adarsh	
22SWP012	BCA	Adarsh	
22SWP003	BCA	Adarsh	
22SWP009	BCA	Adarsh	
22SWP008	BCA	Adarsh	
22SWP012	BCA	Adarsh	
22SWP056	BCA	Adarsh	
22SWP069	BCA	Adarsh	
22SWP088	BCA	Adarsh	
22SWP041	MSW	Adarsh	
22SWP027	MSW	Adarsh	
22SWP009	MSW	Adarsh	

Feedback:

1	Email Address	ROLL NO	NAME OF THE STUDENT IN CAPITAL LETTERS	Shift	CLASS WITH SECTION	The program timing was convenient and well-managed	The program objectives clear and well-defined	The program content was relevant and engaging	How would you rate the effectiveness of the	How would you rate your overall experience with the program?	Are you willing to	Suggestions if any
2	sadiya@patriciancollege.edu	F227	Sadiya Fatima K	Shift I	Psychology	Strongly agree	Strongly agree	Strongly agree	Excellent	Highly satisfied	Yes	No
3	nandanaacknandanam	D22SWP022	Nandana CK	Shift II	MSW -1	Disagree	Neutral	Neutral	Very good	Neutral	Maybe	No
4	gityjacob@gmail.com	D22SWP008	GIFTY JACOB	Shift I	MSW 2nd year	Disagree	Agree	Agree	Excellent	Satisfied	No	Time management is necessary
5	prabavathiparthiban15	D22JPY023	PRABAVATHI P	Shift I	1-Bsc. psycho	Neutral	Agree	Agree	Good	Satisfied	Maybe	No
6	jeromekumar544@gmail.com	D22SWP011	JEROME KUMAR A	Shift I	MSW II	Agree	Agree	Agree	Very good	Satisfied	Yes	It's very useful for the participants
7	pryankathiyagu38@gmail.com	D22SWP024	PRIYANKA T	Shift I	MSW	Neutral	Agree	Agree	Good	Satisfied	Yes	No
8	kumarswathi3@gmail.com	D22SWP036	K. SWATHI	Shift I	A	Strongly agree	Strongly agree	Agree	Very good	Highly satisfied	Yes	Need more sessions
9	deviponiy1999@gmail.com	D22SWP004	DEVI P	Shift I	MSW	Strongly agree	Strongly agree	Strongly agree	Excellent	Highly satisfied	Yes	No
10	rakeshkrishna2710@gmail.com	D22SWP025	RAKESH L	Shift I	Useful	Strongly agree	Strongly agree	Strongly agree	Very good	Satisfied	Yes	No
11	sudhithasan@gmail.com	D22JPY023	SUDHITHA M	Shift I	BSc psychology 3rd year	Agree	Agree	Agree	Good	Satisfied	Yes	The program was really helpful in gaining new knowledge

g4212064@gmail.com	D22JPY011	HARI HARAN K	Shift I	Bsc psychology	Neutral	Neutral	Neutral	Good	Neutral	Maybe	Nothing
shivani1407a@gmail.com	D22JPY028	A.SHIVANI	Shift I	B.Sc psychology	Agree	Agree	Agree	Very good	Satisfied	Yes	Nothing
santipjy0804@gmail.com	522200216	G.SANTHOSH	Shift I	MSW II YEAR	Strongly agree	Strongly agree	Strongly agree	Very good	Highly satisfied	Yes	No
dorothyshreeba23@gmail.com	D22SWP041	DOROTHY SHEEBA I	Shift I	MSW	Strongly agree	Strongly agree	Strongly agree	Excellent	Highly satisfied	Yes	No but the time was not sufficient for each resource person



Certificate:





Seminar on Gender Sensitization

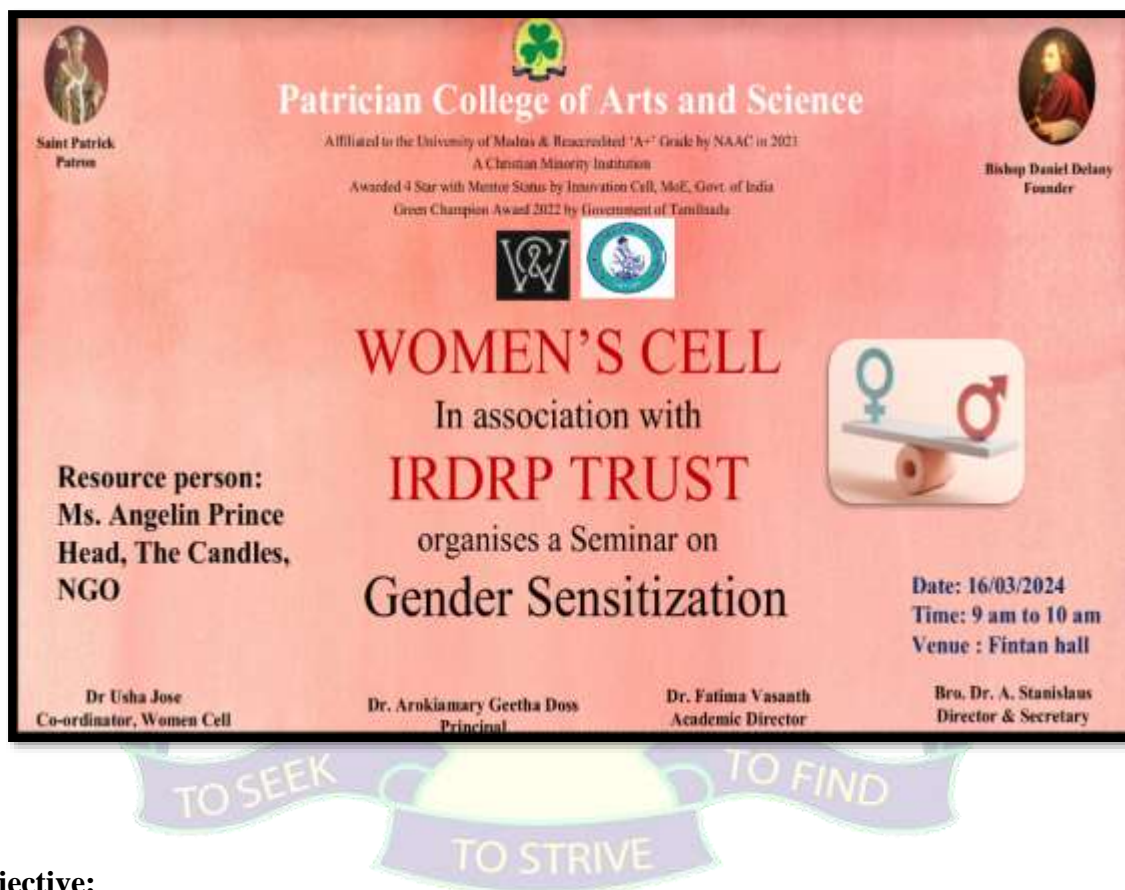
DATE: Friday, 16th March 2024

TIME: 9 am to 10 am

Venue: Room No.3, A Block

No. of Beneficiaries: 60

Invite:



Objective:

The objective of a seminar on gender sensitization is to promote understanding, respect, and equality among individuals of all genders and to work towards creating a more just and equitable society free from discrimination and violence.

Report:

The seminar on gender sensitization, organized by the Patrician Women's Cell and IRDRP, took place on 16th March 2024 at Fintan Hall. The event aimed to educate and raise awareness about gender sensitivity among the participants, primarily students, with a focus on promoting



respect, equality, and inclusive. Ms. Angelin Prince, Head of The Candles NGO, delivered an insightful address on gender sensitivity. Drawing from her experience in working with marginalized communities, Ms. Prince emphasized the importance of understanding and addressing gender-based discrimination and inequality. She highlighted the need for empathy, active listening, and self-reflection to cultivate a more inclusive and respectful society. The seminar concluded with a call to action, urging participants to actively challenge gender stereotypes, advocate for gender equality, and create safe and inclusive spaces in their respective spheres of influence. Participants were encouraged to apply the knowledge gained from the seminar in their daily lives and become agents of positive change.

Resource Person Profile:

Ms. Angelin Prince, Head of The Candles NGO Completed her diploma in physiotherapy from Christian Medical College (CMC), Vellore. She did her Masters in Social Work from Stella Maris College and got specialised in Medical Psychology. She started Candles NGO on August 2014. She conducted many medical camps for economically weaker section. Apart from conducting medical camps, she started conducting classes for underprivileged kids.

Attendance:

S.NO	ROLL NO	DEPARTMENT	NAME	SIGNATURE
1	D2300001	B.A. Psychology
2	D2300002	B.A. Psychology
3	D2300003	B.A. Psychology
4	D2300004	B.A. Psychology
5	D2300005	B.A. Psychology
6	D2300006	B.A. Psychology
7	D2300007	B.A. Psychology
8	D2300008	B.A. Psychology
9	D2300009	B.A. Psychology
10	D2300010	B.A. Psychology
11	D2300011	B.A. Psychology
12	D2300012	B.A. Psychology
13	D2300013	B.A. Psychology
14	D2300014	B.A. Psychology
15	D2300015	B.A. Psychology
16	D2300016	B.A. Psychology
17	D2300017	B.A. Psychology
18	D2300018	B.A. Psychology
19	D2300019	B.A. Psychology
20	D2300020	B.A. Psychology
21	D2300021	B.A. Psychology
22	D2300022	B.A. Psychology
23	D2300023	B.A. Psychology
24	D2300024	B.A. Psychology
25	D2300025	B.A. Psychology
26	D2300026	B.A. Psychology
27	D2300027	B.A. Psychology
28	D2300028	B.A. Psychology
29	D2300029	B.A. Psychology
30	D2300030	B.A. Psychology



PATRICIAN COLLEGE OF ARTS AND SCIENCE
SEMINAR ON GENDER SENSITIZATION
ATTENDANCE SHEET - 16/03/24

S.NO	ROLL NO	DEPARTMENT	NAME	SIGNATURE
1	2023W001	B.A. Psychology	Aradhana K	
2	2023W002	B.A. Psychology	Aradhana K	
3	2023W003	B.A. Psychology	Aradhana K	
4	2023W004	B.A. Psychology	Aradhana K	
5	2023W005	B.A. Psychology	Aradhana K	
6	2023W006	B.A. Psychology	Aradhana K	
7	2023W007	B.A. Psychology	Aradhana K	
8	2023W008	B.A. Psychology	Aradhana K	
9	2023W009	B.A. Psychology	Aradhana K	
10	2023W010	B.A. Psychology	Aradhana K	
11	2023W011	B.A. Psychology	Aradhana K	
12	2023W012	B.A. Psychology	Aradhana K	
13	2023W013	B.A. Psychology	Aradhana K	
14	2023W014	B.A. Psychology	Aradhana K	
15	2023W015	B.A. Psychology	Aradhana K	
16	2023W016	B.A. Psychology	Aradhana K	
17	2023W017	B.A. Psychology	Aradhana K	
18	2023W018	B.A. Psychology	Aradhana K	
19	2023W019	B.A. Psychology	Aradhana K	
20	2023W020	B.A. Psychology	Aradhana K	
21	2023W021	B.A. Psychology	Aradhana K	
22	2023W022	B.A. Psychology	Aradhana K	
23	2023W023	B.A. Psychology	Aradhana K	
24	2023W024	B.A. Psychology	Aradhana K	
25	2023W025	B.A. Psychology	Aradhana K	
26	2023W026	B.A. Psychology	Aradhana K	
27	2023W027	B.A. Psychology	Aradhana K	
28	2023W028	B.A. Psychology	Aradhana K	
29	2023W029	B.A. Psychology	Aradhana K	



Ms. Angelin Prince, Head, Candles NGO addressing the students



The students actively participated in the seminar

Feedback:

Email Address	ROLL NO	NAME OF THE STUDENT IN CAPITAL LETTERS	Shift	CLASS WITH SECTION	The program timing was convenient and well-managed	The program objectives clear and well-defined	The program content was relevant and engaging	How would you rate the effectiveness of the facilitator?	How would you rate your overall experience with the program?	Are you willing to attend similar type of	Suggestions if any
arunfrancis0302@gmail	D23SWP0	ARUN FRANCIS RAJ	Shift I	Women's Cell	Agree	Agree	Agree	Very good	Satisfied	Yes	Satisfied Mam
nandanacknandanam@	D23SWP0	Nandana CK	Shift I	Msw -1	Agree	Neutral	Neutral	Good	Neutral	No	Nil
sadiya@patiniciancolle	F227	SADIYA FATHIMA, K	Shift I	Psychology	Strongly agree	Strongly agree	Strongly agree	Excellent	Neutral	Yes	No
catharin.sam0416@gn	D23py006	Catharin Samantha	Shift I	Bsc psychology	Disagree	Strongly Disagree	Strongly Disagree	Poor	Highly dissatisfied	No	The content wasn't delivered clearly. It was completely biased.
joelmariajoseph2002@	D23PY038	Joel Maria Joseph.T	Shift I	1st year psychology	Agree	Strongly Disagree	Disagree	Poor	Highly dissatisfied	No	Maybe she spoken on correct thing. But she didn't convey properly
missnandybby@gmail	D23PY021	NANDHINI.K	Shift I	B.Sc.psychology	Neutral	Neutral	Neutral	Good	Neutral	Maybe	Not much effective even the question asked by the students are not reasonable and the answer given also not satisfied it's so confusing what is the point they are coming to convey... But the hamasment point was good



srinivasanhan65@gmail.com	D23PY032 SRINIVASAN HARI	Shift I BSC A	Strongly Disc	Strongly Disagn	Agree	Very good	Dissatisfied	Maybe	If she speaks relevant it will be useful for all of them or it won't be so
jacquesjaniel2k5@gmail.com	D23PY014 JACQUES JAMEL	Shift I 1st year BSC psychol	Neutral	Neutral	Neutral	Good	Neutral	Maybe	Incase of any further program like this, regarded with equality subjects ,please cover equalities along with the inequalities... If there's no equal value given for equality and inequalities there's no point about arguing equalities.... Even the equalities are much lesser than inequalities kindly mention it too.... Just an opinion.... No offense, thankyou
maiirajkumar1982@gmail.com	D23py036 V.VIJAYKARTHIKRAJ	Shift I 1st year b.sc psychol	Neutral	Agree	Agree	Good	Satisfied	No	No
ameshdviya9142@gmail.com	D23PY007 DIVYA R	Shift I BSc Psychology	Neutral	Disagree	Agree	Fair	Neutral	No	Focus on other factors commonly faced by both men and women
shwethasangee@gmail.com	D23PY030 S Shwetha	Shift I bsc psychology	Neutral	Strongly Disagn	Strongly Disagree	Poor	Highly dissatisfied	No	As a girl even I felt she only focused on one side (only about women's side)
karishni19@gmail.com	D23py047 PV KARISHNI	Shift I BSC PSYCHOLOGY	Agree	Agree	Neutral	Very good	Satisfied	Yes	Very nice program
rubbinibhaskaran@gmail.com	D23PY025 RUBBINI B	Shift I Bsc PSYCHOLOGY	Agree	Strongly Disagn	Disagree	Good	Dissatisfied	No	Nice
sofimuthiyar@gmail.com	D23PY042 SOFIYA M	Shift I BSc psychology	Agree	Agree	Agree	Good	Satisfied	Yes	We discussed about something we all should really be discussing
swathys865@gmail.com	33 SWATHY S	Shift I 1st bsc psychology	Strongly agre	Agree	Strongly agree	Excellent	Satisfied	Maybe	Good

Sample Certificate:





Awareness Programme on Drug Abuse and Drug Control

DATE: Friday, 16th March 2023

TIME: 11 am to 12 noon

Venue: Room No.3, A Block

No. of Beneficiaries: 60

Invite:



Objective:

The primary goal of an awareness program on drug abuse and drug control is to promote a healthy, drug-free society by raising awareness, fostering understanding, and promoting action at individual, community, and societal levels.

Resource person profile:

Ms. Jacqueline has a Master of Social Work in Medical & Psychiatry ACC Level 2 Certification. Jacqueline has 31 years of experience in TTK working with patients and their families. She is specialized in prevention of substance abuse at workplace.

**Report:**

The Patrician Women's Cell, in collaboration with IRDRP, successfully organized an awareness program on Drug Abuse and Drug Control on March 16, 2024. The event aimed to educate students

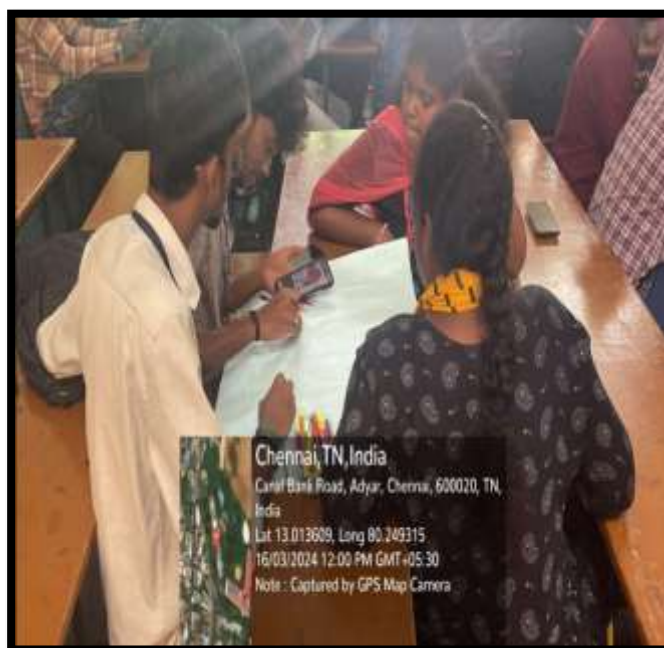
about the detrimental effects of drug consumption and the importance of drug control measures in society. The program featured a keynote address by Ms. Jacqueline, Senior

Counsellor at TTK Hospital, who shared valuable insights and information with the attendees. The attendees were Student Council Members and all the department secretaries of Patrician college of Arts and Science. They are the leaders of the college and through them the information on drug related information should reach all students of the college. Ms. Jacqueline

initiated the session by providing an overview of drug abuse, highlighting its prevalence and the various forms it can take in society. She emphasized the significance of understanding the root causes behind drug abuse to effectively address the issue. Through informative presentations and real-life examples, Ms. Jacqueline elaborated on the harmful effects of drug consumption on individuals, families, and communities. She discussed the physical, psychological, and social consequences associated with drug abuse, underscoring the importance of early intervention and prevention. The moral of the hour-long seminar students were informed about reducing the demand for drugs and for that each student should work out to avoid drugs in any form.

As a Senior Counsellor at TTK Hospital, Ms. Jacqueline shed light on the role of counselling and rehabilitation in supporting individuals struggling with drug addiction. She emphasized the need for compassion, empathy, and professional support in helping individuals overcome addiction and regain control of their lives. The session also addressed the significance of drug control measures in curbing the proliferation of illicit drugs and protecting vulnerable populations, especially youth. Ms. Jacqueline highlighted the role of community awareness, law enforcement, and policy interventions in combating drug trafficking and promoting a drug-free society. Following the presentation, attendees were encouraged to participate in an interactive discussion and ask questions related to drug abuse and control. Ms. Jacqueline provided valuable insights and clarification on various issues, fostering a supportive and informative environment for dialogue.

The awareness program on Drug Abuse and Drug Control organized by the Patrician Women's Cell and IRDRP proved to be a significant and enlightening event. Through the expertise and guidance of Ms. Jacqueline, attendees gained valuable knowledge and understanding of the harmfulness of drug consumption and the importance of proactive measures in addressing this pressing societal issue. The attendees also expressed their views through group discussions on topics related to curb the drug menace. The program succeeded in raising awareness, fostering dialogue, and empowering individuals to take proactive steps toward building a healthier and drug-free community.



The Students actively participated in the programme





Students Affairs Council Co-ordinator Mr.Prithvi Raj Kumar along with the Students Council actively participated and created awareness among the students



Ms. Jacqueline, Senior Counsellor at TTK Hospital address the students

Attendance:

PATRICIAN COLLEGE OF ARTS AND SCIENCE AWARENESS PROGRAM ON GENDER EQUITY AND GENDER EQUALITY ATTENDANCE SHEET - 2023/24				
S.NO	ROLL NO	DEPARTMENT	NAME	SIGNATURE
1	20230001	B.A. POLITICAL SCIENCE	ABHIRAM K	
2	20230002	B.A. POLITICAL SCIENCE	ABHIRAM K	
3	20230003	B.A. POLITICAL SCIENCE	ABHIRAM K	
4	20230004	B.A. POLITICAL SCIENCE	ABHIRAM K	
5	20230005	B.A. POLITICAL SCIENCE	ABHIRAM K	
6	20230006	B.A. POLITICAL SCIENCE	ABHIRAM K	
7	20230007	B.A. POLITICAL SCIENCE	ABHIRAM K	
8	20230008	B.A. POLITICAL SCIENCE	ABHIRAM K	
9	20230009	B.A. POLITICAL SCIENCE	ABHIRAM K	
10	20230010	B.A. POLITICAL SCIENCE	ABHIRAM K	
11	20230011	B.A. POLITICAL SCIENCE	ABHIRAM K	
12	20230012	B.A. POLITICAL SCIENCE	ABHIRAM K	
13	20230013	B.A. POLITICAL SCIENCE	ABHIRAM K	
14	20230014	B.A. POLITICAL SCIENCE	ABHIRAM K	
15	20230015	B.A. POLITICAL SCIENCE	ABHIRAM K	
16	20230016	B.A. POLITICAL SCIENCE	ABHIRAM K	
17	20230017	B.A. POLITICAL SCIENCE	ABHIRAM K	
18	20230018	B.A. POLITICAL SCIENCE	ABHIRAM K	
19	20230019	B.A. POLITICAL SCIENCE	ABHIRAM K	
20	20230020	B.A. POLITICAL SCIENCE	ABHIRAM K	
21	20230021	B.A. POLITICAL SCIENCE	ABHIRAM K	
22	20230022	B.A. POLITICAL SCIENCE	ABHIRAM K	
23	20230023	B.A. POLITICAL SCIENCE	ABHIRAM K	
24	20230024	B.A. POLITICAL SCIENCE	ABHIRAM K	



POETRIKAN COLLEGE OF ARTS AND SCIENCE
AWARENESS PROGRAM ON DRUG ABUSE AND DRUG CONTROL
ATTENDANCE SHEET - 16/04/24

S.NO	ROLL NO	DEPARTMENT	NAME	SIGNATURE
20	20190001	11 B.COM A&Z	ABHIRAM K	
21	20190002	11 B.COM A&Z	ABHIRAM K	
22	20190003	11 B.COM A&Z	ABHIRAM K	
23	20190004	11 B.COM A&Z	ABHIRAM K	
24	20190005	11 B.COM A&Z	ABHIRAM K	
25	20190006	11 B.COM A&Z	ABHIRAM K	
26	20190007	11 B.COM A&Z	ABHIRAM K	
27	20190008	11 B.COM A&Z	ABHIRAM K	
28	20190009	11 B.COM A&Z	ABHIRAM K	
29	20190010	11 B.COM A&Z	ABHIRAM K	
30	20190011	11 B.COM A&Z	ABHIRAM K	
31	20190012	11 B.COM A&Z	ABHIRAM K	
32	20190013	11 B.COM A&Z	ABHIRAM K	
33	20190014	11 B.COM A&Z	ABHIRAM K	
34	20190015	11 B.COM A&Z	ABHIRAM K	
35	20190016	11 B.COM A&Z	ABHIRAM K	
36	20190017	11 B.COM A&Z	ABHIRAM K	
37	20190018	11 B.COM A&Z	ABHIRAM K	
38	20190019	11 B.COM A&Z	ABHIRAM K	
39	20190020	11 B.COM A&Z	ABHIRAM K	
40	20190021	11 B.COM A&Z	ABHIRAM K	
41	20190022	11 B.COM A&Z	ABHIRAM K	
42	20190023	11 B.COM A&Z	ABHIRAM K	
43	20190024	11 B.COM A&Z	ABHIRAM K	
44	20190025	11 B.COM A&Z	ABHIRAM K	
45	20190026	11 B.COM A&Z	ABHIRAM K	
46	20190027	11 B.COM A&Z	ABHIRAM K	
47	20190028	11 B.COM A&Z	ABHIRAM K	
48	20190029	11 B.COM A&Z	ABHIRAM K	
49	20190030	11 B.COM A&Z	ABHIRAM K	
50	20190031	11 B.COM A&Z	ABHIRAM K	
51	20190032	11 B.COM A&Z	ABHIRAM K	
52	20190033	11 B.COM A&Z	ABHIRAM K	

Feedback:

Timestamp	Email Address	ROLL NO	NAME OF THE STUDENT IN CAPITAL LETTERS	Shift	CLASS WITH SECTION	The program timing was convenient and	The program objectives clear and well	The program content was relevant and	How would you rate the effectiveness	How would you rate your overall experience with attend	Are you willing to	Suggestions if any
3-16-2024 10:37:58	srinivasan61@gmail	023PY632	SRINIVASAN HAR	SHR	1 BSC A	Neutral	Neutral	Agree	Fair	Neutral	Maybe	They're not speaking what want convey in proper way. Please conduct more equality programs.
3-16-2024 10:38:07	sanjaybala214@gmail	023PY044	SANJAY	SHR	Psychology 1st year	Neutral	Neutral	Neutral	Good	Neutral	No	Please conduct this event. Where the gender equality is post.
3-16-2024 10:38:43	sgayaprasantharan@p	023PY009	GAYAPRAVISHVARA	SHR	Bsc. Psychology	Neutral	Neutral	Neutral	Good	Neutral	Maybe	Your way of speaking awesome but in our surroundings of men even female are very cruel.
3-16-2024 10:40:00	shvini krus2003@gmail	023PY029	SHVANI L	SHR		Strongly agree	Agree	Neutral	Very good	Dissatisfied	Maybe	
3-16-2024 15:50:51	vlogona2@gmail.com	0210W023	P VIKRAM	SHR	II BSW	Strongly agree	Strongly agree	Strongly agree	Excellent	Highly satisfied	Yes	Nil
3-16-2024 15:51:12	merlynjally@gmail.co	021VC025	MERLYN J SALLY	SHR	Nil	Agree	Agree	Agree	Good	Satisfied	Yes	Nil
3-16-2024 16:07:59	deepika042@gmail	022na001	DEEPIKA	SHR	2nd sec maths	Agree	Agree	Agree	Good	Satisfied	Maybe	Nil
3-16-2024 16:27:30	kamathsh402@gmail	021AF028	KAMAKSHI K	SHR	II B.COM	Agree	Agree	Agree	Good	Satisfied	Yes	Nil

Timestamp	Email Address	ROLL NO	NAME OF THE STUDENT IN CAPITAL LETTERS	Shift	CLASS WITH SECTION	The program timing was convenient and	The program objectives clear and well	The program content was relevant and	How would you rate the effectiveness	How would you rate your overall experience with attend	Are you willing to	Suggestions if any
3-16-2024 17:25:32	praneel1967@gmail	E21AF179	YUVAARAJ W S	SHR	II B.Com Accounting	Strongly agree	Strongly agree	Agree	Very good	Highly satisfied	Yes	None!
												Today We Had a Wonderful Seminar Session About Drug Abuse & Drug Control. We had a Little Knowledge About What is drugs and it's side effects but in this session we had a Detailed Explanation About everything and Suggestions of this program are (we didn't seen team 4 Drawing).



Timestamp	Email Address	ROLL NO	NAME OF THE STUDENT IN CAPITAL LETTERS	Shift	CLASS WITH SECTION	the program timing was convenient and	the program objectives clear and well-relevant and	the program content was relevant and	How would you rate the effectiveness	How would you rate your overall experience with attend	Are you willing to	Suggestions if any
3-16-2024 19:27:21	pcas21py022@gmail	D21py022	LAVANYA	Shift I	Bsc psychology 3rd y	Agree	Agree	Strongly agree	Excellent	Highly satisfied	Yes	Nil
3-16-2024 20:32:35	samstephen638@gmail	D21EL038	ARUN KUMAR S	Shift I	BA - English	Strongly agree	Strongly agree	Strongly agree	Excellent	Highly satisfied	Yes	The resource Ms Jacklin and Mr Anika Akkaash took the entire program in a proper and organised manner, especially MS Jacklin spoke to deep and address into the depths of the illnesses, disadvantages and demand reduction of Drug usage. Maybe keep it in some hal
3-17-2024 19:02:35	khira2105@gmail.com	D21PY015	HIRA KHAN	Shift I	IBSC PSYCHOLOGY	Strongly agree	Strongly agree	Strongly agree	Excellent	Highly satisfied	Yes	

Sample Certificate:

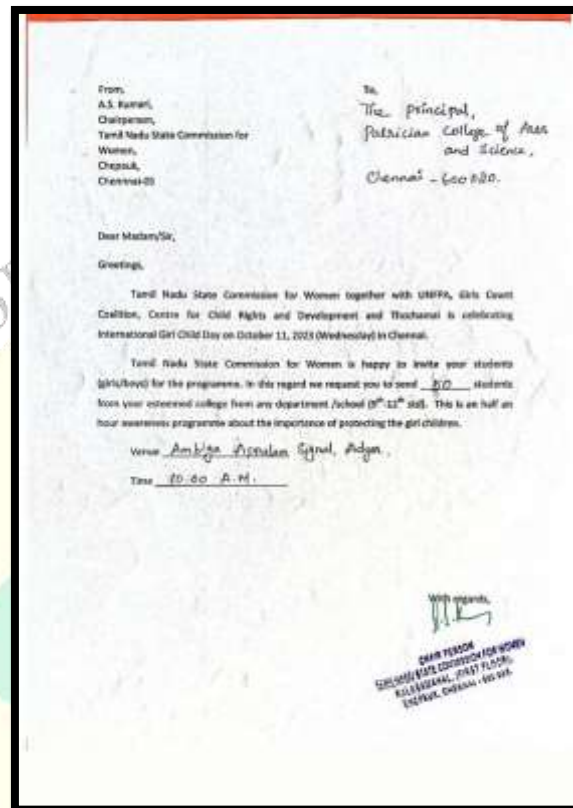




WOMEN'S CELL & ICC

Report for International Girl Child Day – 11th October 2023

Invitation:



Objective:

- To provide awareness regarding Girls Education
- To avoid Child marriage.
- To child trafficking.

Report of the Programme:

The program was organised by Tamilnadu State Commission for Women with UNPFA, Girls Count Coalition, Centre for Child Rights and Development, and Thozhamai NGO on International Girl Child Day on 11th October 2023. Around 50 Students from the Women's cell and ICC participated in the awareness program. The programme was to create awareness among the general public regarding issues related to Girls and Children. Tmt.Kumari, A.S, Chairperson, Tamilnadu State Commission for Women participated in the programme.



Women's Cell and ICC members who participated in the awareness program



AS Kumari, Chairperson, Tamilnadu State Commission addressing about Child protection to the general public



No of Participants: 50

Outcome: The programme created a learning platform to make students understand the social evils against Women and girls Children and about the various government organisations and NGOs to redress the grievances.

Attendance Sheet:

Pottuvai College of Arts and Science
A Sister Institute of Pottuvai Academy and Sri Padrick's A.I. in Sec School
Approved by the Govt. of Tamil Nadu and Affiliated to the University of Madras
Bachelors Degree in Arts (BA) Approved by NAAC
General Block, Mount, Coimbatore, Aravali, Chennai - 600 001
Phone: 044 - 26401162, 26426913, 0542455593
Email: director@pottuvai.ac.in, principal@pottuvai.ac.in
Website: http://www.pottuvai.ac.in

11.10.2023

To Whomsoever it May Concern

The following are the list of students who are participating in Awareness Program organized by Tamil Nadu State Commission for Women with UNPFA, Girls Count Coalition, Centre for Child Rights and Development and Thebanai is celebrating International Girl Child Day on Wednesday 11th October 2023.

SNO	NAME OF THE STUDENT	ADMISSION NUMBER
1	PRADEEP KUMAR *	D22CA067
2	SANJAY A K *	D22CA077
3	HELAN PRINCY V *	D22CA101
4	VISWARANI K *	D21C9080
5	MONIKA S *	D21C9030
6	RASHIKA S *	D21C9037
7	DIVYABHARATHI A *	D23CD005
8	JAYLYN JUDE *	D23CD008
9	NARMADHA V *	D23CD012
10	MORFAN RAGHABHAR *	D21AF007
11	ABISHIK S *	D21AF003
12	PRASHANT S *	D21AF041
13	HEMANTH S *	D22CP017
14	SHYAM SUNDAR N *	D22CP038
15	DANIEL JUDE DAVID *	D22CP007
16	BEULA MANCY V *	D23BA009
17	AARTHI V *	D23BA001
18	MAHALAKSHMI C *	D23BA031
19	THIRUVIVANATHAN *	D23BA008
20	JESELYN PRATHIBHA *	D23BW012
21	ARUNDHATHI GOPAN *	D23BW003

TO STRIVE

22	ANURAGH M *	D23BW026
23	ANILADESHWAR K *	D23BP003
24	SANJAY B *	D23BP044
25	REANNE PUNKEE S *	D23BP043
26	SHINNY MAYRINE *	D23EL003
27	CARMEL MAASHAGARAN *	D23EL003
28	AMENTHA *	D23EL024
29	NARESH *	D23CM023
30	DEBARANESHWARAN *	D23CM007
31	KARTHIKAM DE *	D23CM024
32	ELVIS JAMES G *	D23CM014
33	JAM EDISON A *	D23CM044
34	JENGINSWAN D *	D23CM030
35	ARASHI C *	D23CM003
36	ZORTHY A I *	D21AF025
37	PRABHAKASHI E *	D21AF021
38	SANESHIN *	D21AF005
39	KULAN P *	D21AF010
40	REVA SABAREL *	D21AF009
41	DEBINAORTHY V *	D21AF007
42	DEEPA LAKSHMI *	D21CM015
43	DEBANALAKSHMI S *	D21CM018
44	BHAVANILAKSHMI B *	D21CM028
45	HARSHAVARDHINI U.S. *	D21CM064
46	JAYASHREE P *	D21CM072
47	DEVASHREE J *	D21CM074
48	ANURAGH M *	D21AF025
49	ANURAGH M *	D21BA006
50	ANURAGH M *	D21BA021

Dr. Anurag M. G. Doss
Principal

Certificates:





WOMEN'S DAY CELEBRATION & 2nd ANNUAL AWARD CEREMONY

8th March 2024 - Venue - Auditorium I - Time: 8.10 A.M.

Resource Person: Ms. Laiqua Banu, Manager, Financial Company, Alumni of Patrician College of Arts and Science.



OBJECTIVES:

- Celebrate the empowerment of women in education and society by showcasing the remarkable accomplishments and successes of female individuals within the college community, inspiring others to strive for excellence and break barriers.
- Recognize and honor outstanding students, faculty, and staff members who have demonstrated exceptional achievements and contributions to academia, leadership, and community service throughout the year.



- Foster a culture of inclusivity, diversity, and gender equality within the college environment by highlighting the importance of recognizing and appreciating the valuable contributions of women across various fields of study and professional endeavors.

RESOURCE PERSON PROFILE:

Ms. Laiqua Banu, is a distinguished alumnus of Patrician College, graduating in 2005 with a steadfast commitment to excellence. With an illustrious career spanning 18 years in the financial sector, Laiqua has seamlessly navigated various roles, including customer service, training, learning and development, sales, and operations. A seasoned leader for over 14 years, she has consistently demonstrated exceptional vision and strategic acumen.

Beyond her professional achievements, Laiqua is a passionate advocate for women's empowerment, leveraging her platform to mentor and guide aspiring female professionals toward success. Alongside her dedication to her career and her advocacy work, Laiqua finds joy and inspiration in the art of dance, embodying a holistic approach to life. As an alumna of Patrician College, Laiqua Banu exemplifies the college's ethos of excellence and service, making her a true role model for future generations.

PROGRAMME SUMMARY:

The Women's Day Celebration and 2nd Annual Award Ceremony at Patrician College of Arts and Science commenced on 8th March 2024 with a serene prayer, invoking a sense of unity and reverence among attendees. Dr. Ananda Priya, the Vice Principal, extended a warm welcome to all, setting a tone of inclusivity and appreciation for the achievements being celebrated. Following this, Ms. Raichel Diana, the Coordinator-Extension, introduced the esteemed Chief Guest, Ms. Laiqua Banu Z, Manager of a Financial Company, heralding a momentous occasion filled with inspiration and empowerment.



The ceremony unfolded with Bro. Dr. A. Stanislaus, the Director & Secretary, expressing gratitude and admiration for the remarkable dedication of women within the college community, emphasizing their pivotal role in shaping a brighter future. Dr. Raja, Coordinator of SEEDS, then led the prestigious award ceremony, honoring individuals and groups who had demonstrated outstanding contributions across various fields. Ms. Laiqua Banu Z, in her captivating address, urged women to persevere in their endeavors, highlighting the importance of focus and resilience in attaining success. Dr. Usha Jose, Coordinator of the Women Cell, concluded the event with a heartfelt vote of thanks, acknowledging the collective efforts that made the celebration a resounding success while leaving an indelible mark of inspiration and empowerment on all present.

AWARDS:

- UBA Award – **Uthandi Village**
- SEEDS Award – **Bcom General Shift I**
- Clubs and Cells Award – **Consumer Club**
- Department Award – **Bcom Accounting Finance Shift I**
- Young Innovator Award – **Mr. Saravanan K and Mr. Santhosh R**
- Research Award – **Ms. Jennifa Hanna**
- Research Award – **Dr. Anandapriya**
- Women of the Year Award – **Dr. B. Meena**
- Men of the Year Award – **Dr. Arivarasan**
- Bharath Samman Award - **Dr. Harihara Krishnan R**

OUTCOMES:

- The college's commitment to recognizing and celebrating the achievements of women enhanced its reputation as an institution that values diversity, inclusion, and gender equality.
- The programme's positive reputation attracted talented individuals and strengthened partnerships with stakeholders who share similar values.
- The award ceremony provided an opportunity for members of the college community to come together and celebrate shared values and achievements.
- The Programme fostered a sense of unity and camaraderie among students, faculty, staff, alumni, and other stakeholders, contributing to a supportive and inclusive campus environment.



Dr. Anandhapriya, Vice Principal addressing the gathering



Chief Guest Ms. Laiqua Banu addressing the gathering



Accounting and Finance Department Shift I receiving the Best Department Award 2024



Department of Computer Science with Data Science receiving the Special Appreciations for best performing Department



Consumer Club receiving the Best Club/ Cell Award 2024



B.Com General Department Shift I receiving the Best Seeds Awards 2024



Uthandi Village receiving the Best UBA Village Award 2024



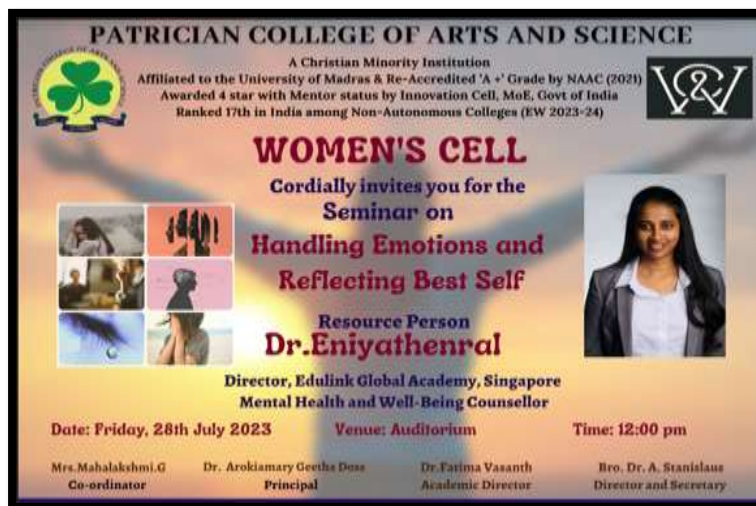
Seminar on Handling Emotions and Reflecting Best Self

DATE: Friday, 28th July 2023

TIME: 12:00 PM

Venue: Auditorium

Invite:



Programme Schedule:

Patrician College of Arts and Science	
Women's Cell	
Seminar on Handling Emotions and Reflecting Best Self	
Programme Schedule	
DATE: Friday, 28 th July 2023	TIME: 12:00 pm
Venue: Auditorium	
Prayer	Ms. Boronica, III BCOM CS, Vice-President, Women's Cell
Welcome Address	Ms. Amanda Dee, III BBA, President, Women's Cell
Introducing the Chief Guest	Mrs. Mahalakshmi G., Coordinator, Women's Cell
Felicitation Address	Dr. Fatima Vasanth, Academic Director
Chief Guest Address	Dr. Eniyathendral, Director, Edulink Global Academy, Singapore
Vote of Thanks	Ms. Boronica, III BCOM CS, Vice-President, Women's Cell

MASTER OF CEREMONY: Ms. Anjali, III Bsc, Psychology, Secretary, Women's Cell

Rapporteur: Mrs. Annes Mary Jeyaseeli, Faculty Member, Women's Cell

**Objectives of the Seminar:**

- To enhance women participants' understanding of emotions and their importance in their lives.
- To provide practical tools and strategies for effectively managing and regulating emotions.
- To develop emotional intelligence and self-awareness.
- To explore different approaches for coping with and expressing difficult emotions such as stress, anger, and anxiety.
- To facilitate healthy communication and relationships by effectively expressing and responding to emotions.
- To foster resilience and emotional well-being in the face of challenges and adversity.
- To encourage self-reflection and personal growth in relation to emotions.

Resource person's profile:

Dr. Eniyathenral is a doctor, author, mental well-being counsellor, and branding expert having run multiple businesses on a Global level, taking care of recruitment and training in US/Singapore/ India. Doctor by profession and has her masters in healthcare from Boston USA. She is a mentor for many start-ups. Currently running a leadership digital marketing company. Co-Founder MAKE educational trust and charitable foundation. Always an enthusiastic person to learn new things.

No. of Beneficiaries: 250

Report:

The Women's Cell seminar held on Friday, 28th July 2023, titled "Handling Emotions and Reflecting Best Self," focused on empowering students, especially young women, by providing insights and strategies to manage emotions effectively and present themselves in the best possible way. The event was organized at noon and commenced with a prayer led by Ms. Boronica, a student from III BCOM CS, Vice-President, Women's Cell.

Ms. Amanda Dee from III BBA, President, of Women's Cell, extended a warm welcome to all the attendees of the seminar. Mrs. Mahalakshmi G, the Coordinator of the Women's Cell, introduced the chief guest for the event. Academic Director, Dr. Fatima Vasanth, felicitated the gathering during the event, adding a touch of importance and recognition to the seminar.

The resource person, is Dr. Eniyathendral, Director, Edulink Global Academy, Singapore. Explained the importance of handling emotions, Self-reflection, Maintaining proper relationships, handling

relationship issues effectively. The resource person also gave an enlightened speech explaining the importance of values and boosting self-esteem. and improving personal growth.

The overarching aim of the seminar was to empower students, particularly young women, by providing them with tools and insights to manage their emotions effectively and present their best selves. The event also encouraged the cultivation of a positive mindset and the importance of making well-considered choices in life. Ms. Boronica, Vice-President, of Women's Cell delivered the vote of thanks. Ms. Anjali, Secretary of the women's cell was the Master of Ceremony of the event. Overall, the seminar was informative and inspiring offering valuable guidance and encouragement to the attendees on emotional well-being and personal growth.

Seminar Photos:



Dr. Fatima Vasanth, Academic Director, honouring the resource person, Dr. Eniyathendral, Director, Edulink Global Academy, Singapore, with a memento



Dr. Fatima Vasanth, Academic Director, addressed the gathering

PATRICIAN COLLEGE OF ARTS AND SCIENCE Women's Cell Seminar on Handling Emotions and Reflecting Best Self ATTENDANCE SHEET-28/7/2023			
	ADM NO	NAME OF THE STUDENT	SIGN
7	D23CM025	Ashwini V	AS ✓
8	D23CM026	Thirumalaiah	T ✓
9	D23CM026	K-Y. VIDHA BHARATHI	V ✓
10	D23CM026	MAHENDHAR	M ✓
11	D23CM119	S. Malan	S ✓
12	D23CM124	M. R. V.	M ✓
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7.1 – Institutional Values and Social Responsibilities

Feedback:

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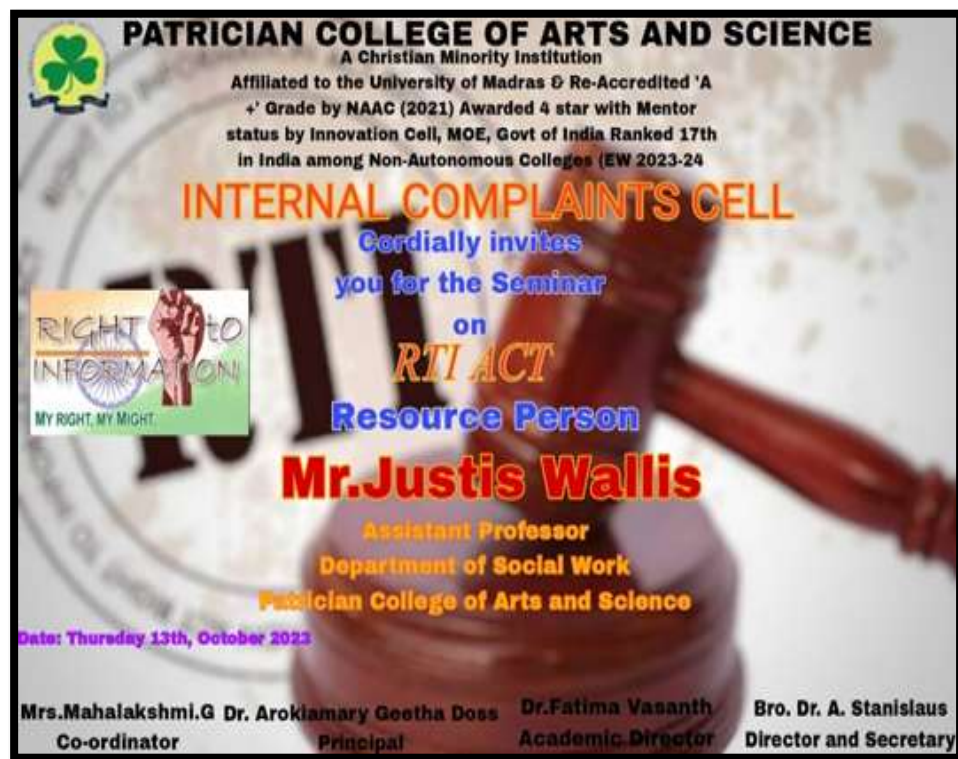


INTERNAL COMPLAINTS CELL

Awareness Programme on RIGHT TO INFORMATION ACT 2005

Resource Person: Mr. Jutus Wallis, Assistant Professor

Invite:



Programme Schedule:

1. Silent Prayer
2. Welcome Address & Introduction about the Resource Person: Mrs. Mahalakshmi, Coordinator, ICC
3. Resource Person Address
4. Interactive Session
5. Vote of Thanks



OBJECTIVES

- The seminar aims to increase awareness and understanding of the provisions and importance of the RTI Act among participants.
- It helps to empower participants by equipping them with the knowledge and skills necessary to exercise their right to information effectively.
- It helps students in providing a comprehensive understanding of the legal framework surrounding the RTI Act which includes discussing the statutory provisions, exemptions, and limitations of the Act, as well as any recent amendments or developments.

PROFILE OF THE RESOURCE PERSON



MR. JUSTUS WALLIS

Assistant Professor, Department of Social Work, Patrician College of Arts and Science

PROGRAMME SUMMARY

The resource person started the session by providing students with a thorough understanding of the RTI Act. He explained the historical context, legal framework, and the fundamental principles that underpin the Act. The orientation delved into the practical applications of the RTI Act within the field of social work. He shared real-life case studies and examples, demonstrating how social work professionals can utilize RTI to address social issues effectively. The resource person highlighted the instances where the Act was instrumental in uncovering crucial information,

leading to positive social change. The session was interactive and engaging, encouraging active participation from the students. The resource person also facilitated discussions, encouraging students to ask questions and share their thoughts. Interactive exercises were conducted, enabling students to apply the knowledge gained and understand the process of filing RTI applications practically. The students were given insight about the role of RTI in strengthening democracy by empowering individuals to access information held by public authorities. Students were encouraged to utilize his knowledge responsibly, emphasizing his role in civic engagement and social advocacy. A dedicated question-and-answer session provided students with the opportunity to seek clarifications on specific aspects of the RTI Act.

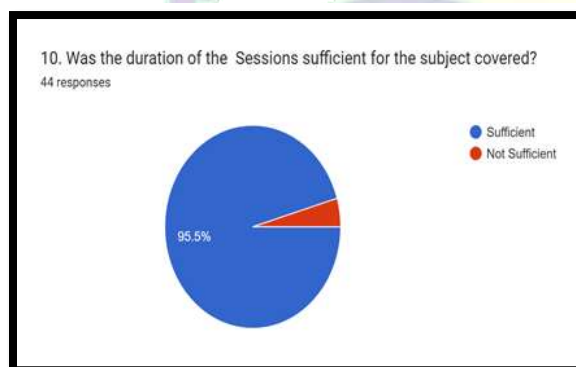
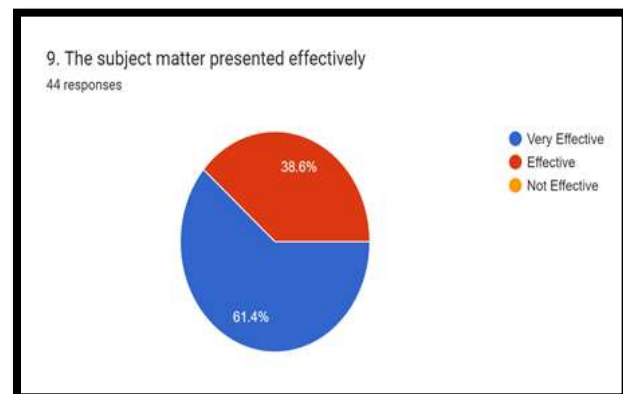
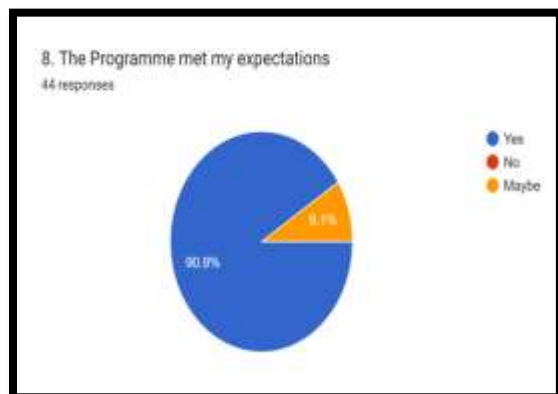


The resource person explaining about RTI Act to students

**PROGRAMME OUTCOME:**

Overall, the outcome on RTI Act are to increase awareness, empower individuals, and promote transparency and accountability in government processes. The participants are equipped with the knowledge and skills necessary to exercise their right to information effectively and advocate for positive change in their communities.

No of Participants: 40

FEEDBACK



ATTENDANCE OF STUDENTS

ST. XAVIER'S COLLEGE OF ARTS AND SCIENCE
INTERNAL COMPLAINTS CELL
MEETING ON 03.10.2023
NAME OF THE STUDENT

SNO	ADMISSION	NAME OF THE STUDENT	SIGNATURE
1	D23HR022	J. HANSHIKUMAR	J. H.
2	D23HR020	SURABH. A	S. A.
3	D23HR021	SAT. REEDH. C.	S. R.
4	D23HR023	HANSHI. V	H. V.
5	D23HR024	M. ANITHY. K	M. A.
6	D23HR025	M. DINESH. K	M. D.
7	D23HR026	M. LAGISH	M. L.
8	D23HR027	S. P. S. JAI	S. P. S.
9	D23HR028	M. K. S. JAI	M. K. S.
10	D23HR029	T. MOHAMMED YASIN	T. M.
11	D23HR030	S. S. S. JAI	S. S. S.
12	D23HR031	S. S. S. JAI	S. S. S.
13	D23HR032	P. S. S. JAI	P. S. S.
14	D23HR033	S. S. S. JAI	S. S. S.
15	D23HR034	A. S. S. JAI	A. S. S.
16	D23HR035	M. S. S. JAI	M. S. S.
17	D23HR036	V. S. S. JAI	V. S. S.

S.NO	ADMISSION	NAME OF THE STUDENT	SIGNATURE
01	D23HR001	HENA LAKSHMI. R	H. L.
02	D23HR002	KANYA. S	K. S.
03	D23HR003	MERLIN SHEELA. V	M. S.
04	D23HR004	CHAVITHA. M	C. M.
05	D23HR005	SADHA. L	S. L.
06	D23HR006	V. ELAKKIA	V. E.
07	D23HR007	RAGHUNATH. L	R. L.
08	D23HR008	M. MATHIAS	M. M.
09	D23HR009	RAJA. S	R. S.
10	D23HR010	VISHNU. R	V. R.



“WOMEN EMPOWERMENT AND WELFARE SCHEMES IN TAMILNADU”

DATE: 14th August, 2023

TIME: 10.00am to 4.30pm

Venue: Tamil Nadu Open University



Programme Schedule:

PROGRAMME SCHEDULE	
INAUGURAL SESSION	
10.00 am - 10.04 am	Tamizh Thaa Vazhthu
10.05 am - 10.10 am	Lighting of the Lamp by Chief Guests Hon'ble Minister for Social Welfare and Women Empowerment, Government of Tamil Nadu Vice Chancellor Tamil Nadu Open University Principal Secretary Social Welfare and Women Empowerment Government of Tamil Nadu Commissioner Social Welfare and Women Empowerment Government of Tamil Nadu Tamil Nadu Widows and Destitute Women Welfare Board Members
10.11 am - 10.15 am	Welcome Address Dr. S. Anantharamakrishnan, Assistant Professor Department of Criminology and Criminal Justice Administration Tamil Nadu Open University
10.16 am - 10.25 am	HONOURING THE CHIEF GUESTS
10.26 am - 10.33 am	Rationale of the Programme Tmt. Kalyanarthy Satchithanandam Member Educationist, Tamil Nadu Widows and Destitute Women Welfare Board Government of Tamil Nadu



Objectives:

- ❖ To remove the various problems faced by widows, women abandoned by their husbands, marginalized women, Destitute women, spinsters, etc., in Tamilnadu.
- ❖ To improve their livelihood such as education, health, employment, setting up of special self-help groups, providing vocational training, etc.,
- ❖ To know about many schemes for women.
- ❖ To prevent sexual harassment.
- ❖ To know about women's helpline numbers, railway accident helpline numbers, cybercrime helpline numbers, etc.,
- ❖ To know about the constitutional provision for equal rights for women.



❖ To improve health policies and welfare schemes for women

No. of Beneficiaries: 90

Report:

The women empowerment and welfare schemes in Tamilnadu held on 14th August, 2023, titled “Tamil Nadu widows and destitute women welfare board government in Tamil Nadu” in collaboration with “Department of Criminology and Criminal Justice Administration Tamil Nadu open university” focused on iconic schemes of Tamil Nadu government. The event started at 10.00 a.m. The event was coordinated and guided by Ms. Vinishiya Arockiya Ratna, and Ms. K. Nivedha.

It commences with Tamizh Thai vazhthu and the lighting of the lamp by the chief guest. Dr. S. Anantharaman Krishnan, Assistant professor of Tamil Nadu Open University, extended a warm welcome address to all the attendees of the program. Tmt. Kalyanathy Satchithanatham has rationalized the program and felicitated the address by Thiru. S. J. Chiru, IAS, and inaugural address by Professor S. Arumugam in Tamil Nadu open university. Keynote Address by Tmt. P. Geetha Jeevan Hon’ble minister for social welfare and women empowerment and chairperson, Tamilnadu Widows and Destitute Women Welfare Board Government Tamil Nadu and vote thanks by Ms. J. Jeevitha, Doctoral research scholar. In between there was a break for 15 mins. Panelist 1: Dr. A. R. Shanthi member, the social justice monitoring committee, Government of Tamil Nadu spoke about health policies and welfare schemes for women in Tamil Nadu. Panelist 2: Tmt. Adhilakshmi Logamurthy, Advocate, High Court- Madras spoke about the social and legal status of women. Panelist 3: Dr. R.M. Tamil Selvan Assistant professor of Tamil Nadu Open University spoke about the Dynamics of Women's Empowerment. And then had a lunch break. Then panelist 4: Tmt. Kalyanathy Satchinanatham spoke about women's education and women's welfare schemes in Tamil Nadu. Panelist 5: Dr. P. Chithra spoke about challenges and opportunities in higher education. Panelist 6: Tmt. J. Innocent Divya, IAS managing director, Tamil Nadu Skill Development Corporation spoke about various skills development programmes

for women in Tamil Nadu. Overall, the program was informative and inspiring offering valuable guidance and encouragement to the attendees on schemes wellbeing and personal growth.

Seminar Photos:



Photo was taken before the program started



Photo taken at the end of the program with all Ministers



Prize was distributed to the students who are answered at the end of the seminar

Outcome of the Programme:

The program provided various insights regarding balancing society and peer relationships and avoiding unhealthy relationships involving physical interaction. The students learned about many schemes that are organized only for women. They learned about many helpline numbers for women and children etc., The students have learned about the Kavalan SOS APP. They learned about ensuring their safe and dignified life in society.

Sample Certificate



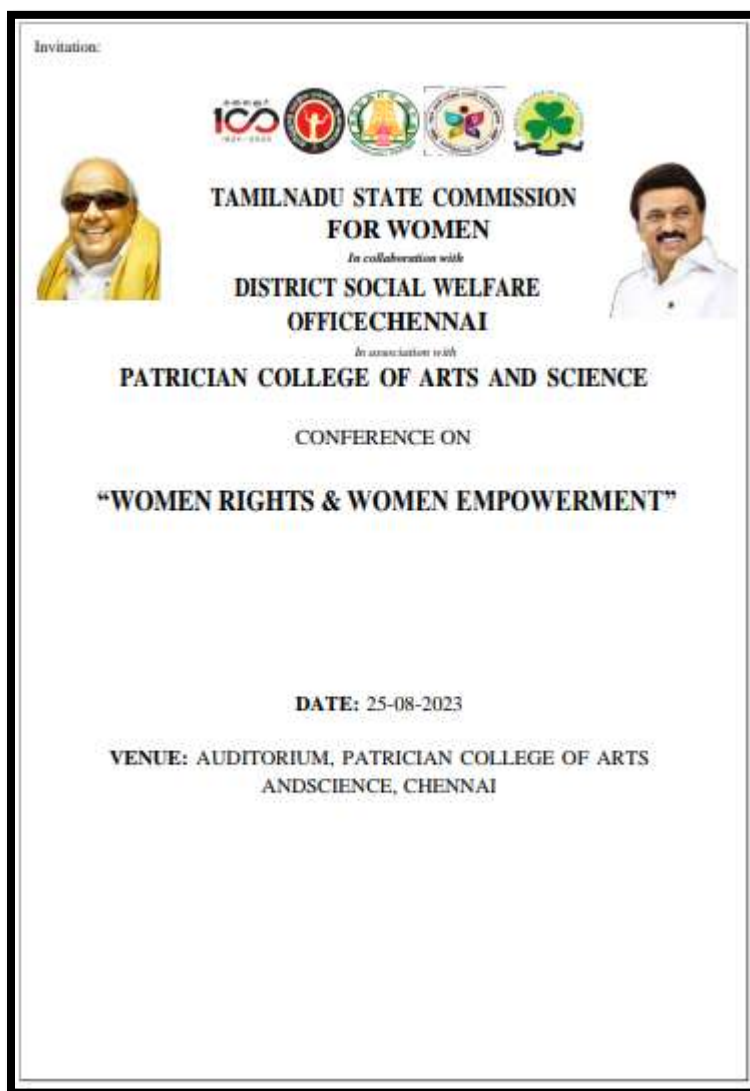


CONFERENCE ON “WOMEN RIGHTS & WOMEN EMPOWERMENT”

DATE: 25-08-2023

VENUE: AUDITORIUM, PATRICIAN COLLEGE OF ARTS AND SCIENCE, CHENNAI

Invitation:





PROGRAMME SCHEDULE

PROGRAMME SCHEDULE	
TIME	PROGRAMME
11:00 A.M to 11:05 A.M	INVOCATION- THAMIZH THAI VAZHTHU
11:05 A.M to 11:10 A.M	WELCOME ADDRESS Bro. Dr. A. STANISLAUS, Director and Secretary, Patrician College of Arts and Science, Chennai
11:10A.M to 11: 30A.M	CHIEF GUEST Tmt A.S.KUMARI, B.Sc., PGDMLT., MBA., Chairperson, Tamil Nadu State Commission for Women, Chennai
11:30 A.M to 11:45 A.M	SESSION-1 CYBER CRIME AGAINST WOMEN Tmt PANCHI SUBRAMANIAN, B.E., M.B.A., M.Sc., Chairperson, Local Committee, Chennai.
11:45 A.M to 11:55 A.M	SESSION-2 SEXUAL HARASSMENT OF WOMEN AT WORK PLACE (PREVENTION, PROHIBITION, AND REDRESSAL) ACT, 2013 / (POSH ACT, 2013) Tmt SHARMILA GUNARAJ, B.Tech., L.L.B., Advocate, Member, Local Committee, Chennai.
11:55 A.M to 12:05 P.M	SESSION-3 THE PROTECTION OF WOMEN FROM DOMESTIC VIOLENCE ACT, 2005 Tmt A.SHAHEEN BANU, B.Sc., M.A., B.Ed., Protection Officer, South Chennai.
12:05 P.M to 12:15 P.M	SESSION-4 DOWRY PROHIBITION ACT, 1961 & SOCIAL WELFARE SCHEMES Ms. A. MANGAIYARKKARASI, M.A., District Social Welfare Officer, South Chennai.
12:15 P.M to 12:25 P.M	SESSION-5 ONE STOP CENTRE & WOMEN HELP LINE Tmt P.POONKODI, M.Sc., M.Phil., Centre Administrator, One Stop Centre, South Chennai.
12:25 P.M to 12:55 P.M	SESSION-6 SELF DEFENSE PROGRAMME Dr. G. VANITHA., M.B.A., Ph.D., Deputy Commissioner of Police, Crime against Women & Children, Chennai.
12.55 P.M. to 1.00 P.M	VOTE OF THANKS Tmt G. MAHALAKSHMI Coordinator, Women's Cell, Patrician College of Arts and Science, Chennai



Resource Person Profile:



Name: Tmt A.S. Kumari Vijayakumar, Chairperson, Tamilnadu State Commission for Women

Qualification: B.Sc., (Food and Nutrition), PGDMLT., MBA.,(Hospital Administration)

- Was in the army wing (NCC) during school days as a Sr. Sargent.
- Was in Air Wing (NCC) as an under Officer during college days.
- Was awarded best aero modeler in 1981 at Calcutta, West Bengal. • Joined Apollo Hospitals, Chennai in December 1983.
- Worked as a senior scientific officer in Apollo Hospitals, Chennai.
- A member of the “Prevention of Sexual Harassment Committee” at Apollo Hospitals.
- Was a Director of “Thrift Society” at Apollo Hospital.
- General Secretary of Apollo Hospital staff union for the past 30 years.
- Personally organised more than 500 medical camps for the economically underprivileged.
- Consistently working with women and helping them with their cancer screening.
- Actively involved in HIV counselling especially helping the children with HIV.
- Helping the children at orphanages with their education and health care.
- Presently, appointed as Chairperson of Tamil Nadu State Commission for Women, Chennai

Session 1 - Speaker



Tmt. PANCHI SUBRAMANIAN, B.E., M.B.A., M.Sc.,

Chairperson, Local Complaints Committee, Chennai



Founder and Managing Director – YesPanchi Tech Services Private Limited Co-Founder and Director – M Subbu Academy Private Limited

Director – Skills DA Cyber Security

Independent Director – Secure Kloud Technologies

Chairperson – Chennai District, Tamilnadu Women’s Commission Qualified Independent Director by Ministry of Corporate Affairs

- Winner, FICCI Start-Up STARS Awards 2022
- Indian Achievers' Award for Promising Start-Up for the year 2021
- Professional of the Year Award 2021 by MSME India Forum
- Woman Business Leader of the Year 2021 by Women Entrepreneur India magazine
- Visionary Women Leader Award 2022 by Microsoft, Redington and checkpoint
- Govt of India DIPP Recognised Startups founded in June 2021
- Member, Women Entrepreneurship Platform

Session 2 Speaker



Tmt.SHARMILA GUNARAJ, B.Tech., L.L.B., Advocate,

Member, Local Complaints Committee, Chennai.

Sharmila Gunaraj is the Founder and Director of M/s. NayaCorp Solutions (OPC) Pvt. Ltd. She earned her B.Tech. in Information Technology from Chennai and L.L.B. from Bangalore and currently she practices at Chennai. She is enrolled with the Bar Council of Tamil Nadu and has over 7 years of experience as a Lawyer, with overall corporate experience of nearly 10 years. Her background in IT and Law, along with corporate experience brings a holistic approach to the practice of law to deliver the best solutions to the Clients.



The focus of her practice has been advising clients on Corporate Law, Commercial Laws, Human Resource Laws & Management, Technology Laws, Real Estate Law, Contract drafting, negotiations and finalization, formation of Companies, Women's Issues, and matters relating to Sexual Harassment of Women in the workplace & assisting the management in dealing with such issues.

She is a Committee Member of the Local Complaints Committee of Chennai District, Tamil Nadu, and also an External Committee Member of the Internal Complaints Committee under the Prevention of Sexual Harassment of Women at Workplace, 2013 in various Companies and organizations.

Session 3 Speaker:



Tmt.A.SHAHEEN BANU, B.Sc., M.A., B.Ed.,

Protection Officer, District Social Welfare Office, South Chennai

- 8 years of teaching experience in school
- Worked as Protection Officer of women under Domestic Violence Act 2005, in Kancheepuram District from 2008-2018 and from 2018 onwards in Chennai.

Session 4 Speaker:



Tmt.P.POONKODI, M.Sc., M.Phil.,

Centre Administrator, One Stop Centre, South Chennai



Madam has 10 years of experience in counseling in various hospitals. Now working as Centre Administrator in One Stop Centre, District Social Welfare Office, South Chennai. Handling more than 100 cases per month received from Women Help Line, District Social Welfare Office and All Women Police Stations. Madam provides Psychosocial counseling, family counseling, medical support, police support, legal support and short-term shelter according to the needs.

Session 5 Speaker:



Dr. G. Vanitha, MBA, Ph.D

Deputy Commissioner of Police, Crime against Women & Children, Chennai

Madam was directly recruited as a DSP in the year 2009. Madam has worked in various districts of Tamilnadu. She was also SP i/c in Vellore and Tiruvannamalai Districts. She has worked in the various areas of Crime against Women and Children. Madam also works towards various programmes of women's empowerment.

Report of the Programme:

The official programme started with the invocation of Thamizh Thai Vazhthu. Bro. Dr. A. Stanislaus, Director and Secretary, welcomed the gathering. Honourable chief guest and session speakers were honoured. Bro. Dr. A. Stanislaus honoured the Chief Guest, Tmt A.S. Kumari Vijayakumar, Chairperson, Tamilnadu State Commission for Women, with a shawl and memento. Academic Director, Dr. Fatima Vasanth honoured Tmt. Panchi Subramanian, Chairperson, Local Complaints Committee with a shawl and memento. Principal Dr. Arockiamary Geetha Doss honoured Ms. Sharmila Gunaraj, Member, Local Complaints Committee, Dr. Vanitha, Deputy Commissioner of Police, Chennai and Tmt. P. Poongodi, Centre Administrator, Department of Social Welfare, with a shawl and memento. Tmt. A. Shannen Banu, Protection officer, Chennai South was honoured with a shawl and memento by Dr. B. Anandapriya, Vice-Principal of the college. Mrs. Palin Jeromina, Assistant Professor, Department of Business Administration and Women's Cell member introduced the Chief Guest to the audience. Tmt A.S. Kumari Vijayakumar, Chairperson, Tamilnadu State Commission for Women explained the various cases handled by her and about a particular case of domestic violence where the compensation was sourced from the government and given to the concerned victim for her wellbeing. The Chief Guest, Tmt A.S. Kumari Vijayakumar, Chairperson, Tamilnadu State Commission for Women addressing the audience



The Session 1 of the conference was on 'Cyber Crime against women'. The speaker of the session was introduced by Dr.Usha Jose, Assistant Professor, Department of Social Work and Women's Cell member. She introduced the session speaker Tmt. Panchi Subramanian, Chairperson, Local Complaints Committee to the audience. The speaker gave insightful thoughts regarding various internet based crimes in the society and explained the various crime activities with live case studies. She also explained the role of the government and NGOs in dealing with the redressal mechanism. Tmt. Panchi Subramanian, Chairperson, Local Complaints Committee giving insight on various crimes against women

The Speaker for the 2nd session was Tmt. Sharmila Gunaraj, Advocate, Member, Local Complaints Committee. The Speaker was introduced by Mrs.Sadiya Fatima, Assistant Professor, Department of Psychology and Women cell member. The speaker presented on the need and importance of POSH act to the female students. The speaker Tmt.Sharmila Tmt.Sharmila Gunaraj, Advocate, Member, Local Complaints Committee explains about POSH Act to the female students

The speaker for the 3rd session was Tmt. A. Shaheen Banu, Protection officer, Department of Social Welfare, Chennai South. The session speaker was introduced by Mrs.Vinishiya Arokia Ratna, Assistant Professor, Department of Accounting and Finance and Women Cell Member. The resource person gave valuable input regarding the meaning of domestic violence and also explained the Domestic Violence Protection Act, of 2005. Tmt.Shaheen Banu explains about Domestic Violence Act, of 2005 to the audience

The Resource person for the 4th session was Mrs. P. Poonkodi, Centre Administrator, One Stop Centre, Department of Social Welfare, Chennai South. Ms. Amanda Daniel Dee, President, of Women's Cell introduced the speaker to the audience. The speaker explained about the various calls they receive through helpline numbers every day. She also explained the cases they handle like Cybercrime, Domestic Violence, Sexual Harassment, etc. Madam also shared the Help-Line numbers for any kind of support required for women in these crimes. The speaker also highlighted the grievance-handling procedures in such cases. The session was very useful to students. Speaker Tmt.P.Poongodi, Centre Administrator, Tamilnadu Social Welfare Department, explaining the various grievance redressal mechanisms to students

The Resource person for the 5th session was Dr.G.Vanitha, Deputy Commissioner of Police, Crime against Women and Children, Chennai. The session speaker explained how girls and boys students to be alert when using social media and the need for safety in using mobile phones. The speaker also shared the various helpline numbers with regard to women and child safety. To safeguard ourselves a self-defense programme was conducted along with the session. The students were practically demonstrated regarding various safeguarding procedures. The female students volunteered for the session and learned the self-defense techniques. Dr. G.Vanith A, Deputy Commissioner of Police, Crime against Women and Children, addressing students on Women's Safety Trainers demonstrate Self-Defence to students.

No of Beneficiaries: 441 students



Chief Guest, Tmt A.S. Kumari Vijayakumar, Chairperson, Tamilnadu State Commission for Women addressed the audience



Tmt. Panchi Subramanian, Chairperson, Local Complaints Committee giving insight on various crimes against women



The speaker Tmt. Sharmila Gunaraj, Advocate, Member, Local Complaints Committee explains about POSH Act to the female students



Tmt. Shaheen Banu explains about Domestic Violence Act, of 2005 to the audience



Speaker Tmt. P. Poongodi, Centre Administrator, Tamilnadu Social Welfare Department, explaining the various grievance redressal mechanisms to students



Dr. G. Vanitha, Deputy Commissioner of Police, Crime against Women and Children, addressing to students on Women's Safety



Trainers demonstrate Self-Defence to students

Outcome of the Programme:

The conference gave insights into various social and welfare laws related to women. The speeches from the experts gave them an outlook on the current issues related to women issues and how to handle those grievances.

Attendance Sheet:

TAMILNADU STATE COMMISSION FOR WOMEN in collaboration with DISTRICT WELFARE OFFICE CHENNAI DATE: 25-8-2023				
S.NO	NAME	ROLL NO	CLASS	SIGNATURE
1.	V. Arjun Reddy	2023C001	B.A. A	[Signature]
2.	R. Arjun	2023C002	B.A. A	[Signature]
3.	R. Arjun	2023C003	B.A. A	[Signature]
4.	R. Arjun	2023C004	B.A. A	[Signature]
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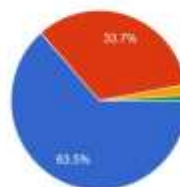
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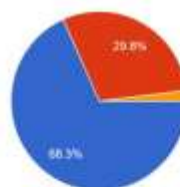
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38	BEANIE R.FENCES	D23PY045	I.BSc.Phy	Beanie R.Fences
39	C.V.KAVYA	D23PY017	I.BSc.Phy	C.V.Kavya
40	CHINMAY	D23PY042	I.BSc.Phy	Chinmay
41	CHANDRASEKHAR	D23PY042	I.BSc.Phy	Chandrasekhar
42	CHANDRA	D23PY042	I.BSc.Phy	Chandra
43	CHANDRA R.	D23PY042	I.BSc.Phy	Chandra R.
44	C.KANAKA	D23PY042	I.BSc.Phy	C.Kanaka
45	M. Ananya	D23PY042	I.BSc.Phy	M. Ananya
46	Aruna P. S.	D23PY042	I.BSc.Phy	Aruna P. S.
47	T. Ananya	D23PY042	I.BSc.Phy	T. Ananya
48	T. Ananya	D23PY042	I.BSc.Phy	T. Ananya
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61	M. Sanjana	D23PY042	I.BSc.Phy	M. Sanjana
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80	M. S.	D23PY042	I.BSc.Phy	M. S.

Feedback:

The program timing was convenient and well-managed
104 responses



How would you rate your overall experience with the program?
104 responses





Sample Certificate

